

# What Will it Take to End Sexual and Domestic Violence in Wyoming?

Tuesday, October 17, 2023

# Learning Objectives

- Describe the role environments play in preventing sexual and domestic violence
- Identify examples of prevention in practice
- Determine our role in preventing sexual and domestic violence



Advancing Equity. Ending Sexual Violence.®

Who is in the audience?

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Who am I?



**Ashleigh Klein-Jimenez (she/her)**  
Director of Prevention

# My path to prevention



COURTESY: CITY OF YORBA LINDA



What is your story?





Where do we start?

# We must move upstream





# Prevention can take many forms



# Social Norms that Contribute to Sexual Violence: How did the bridge get broken?

## Social Norms

- Rigid gender roles
- Aggression and Violence
- Abuse of power
- SV as a private problem
- Acceptance of violence as the norm
- Sex shaming and negativity

## Change Strategies

- Challenging sexism by creating leadership opportunities for girls and women
- Promoting healthy communication
- Treating SV as a public concern
- Bystander Intervention
- Information about healthy sexuality

# Get to know the Problem: How is the bridge broken?

- Identify the different dynamics that impact different types of sexual violence

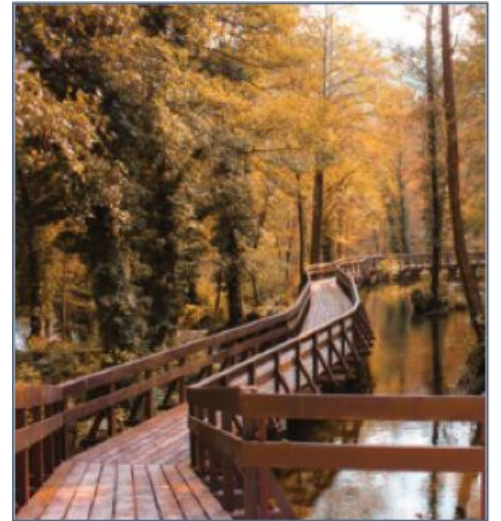
How many people are being impacted? How are they being impacted?


- How are different communities impacted



# Protect Against the Problem: How do we repair the bridge?

- Improving safety in schools
- Changing policies
- Connect youth with safe, caring adults
- Foster youth commitment to school and positive projects
- Teach young people skills to support healthy relationships
- Community connectedness
- Increase access to resources





# What does it take to end sexual and domestic violence?

# Awareness

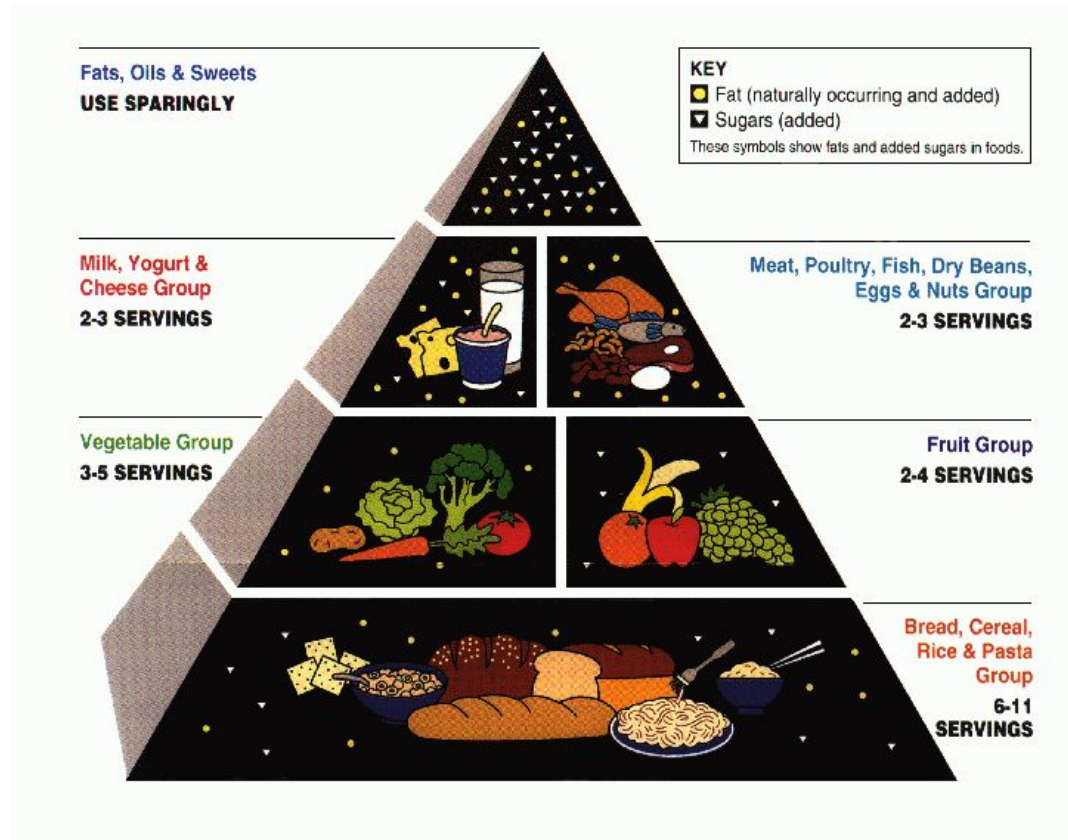
# Prevention



***“It is unreasonable to expect that people will change their behavior easily when so many forces in the social, cultural, and physical environment conspire against such change.”***

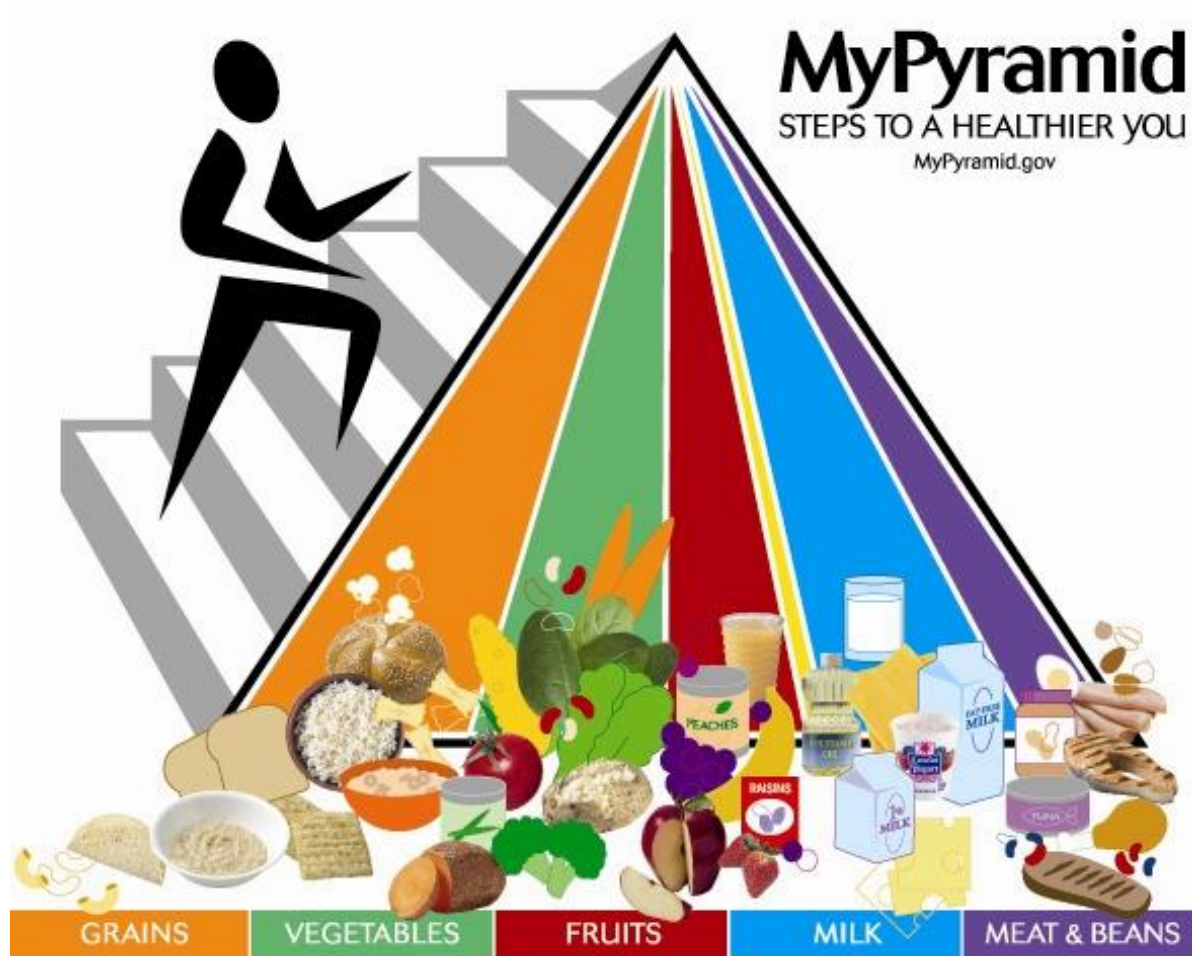
***Institute of Medicine***

# More than information

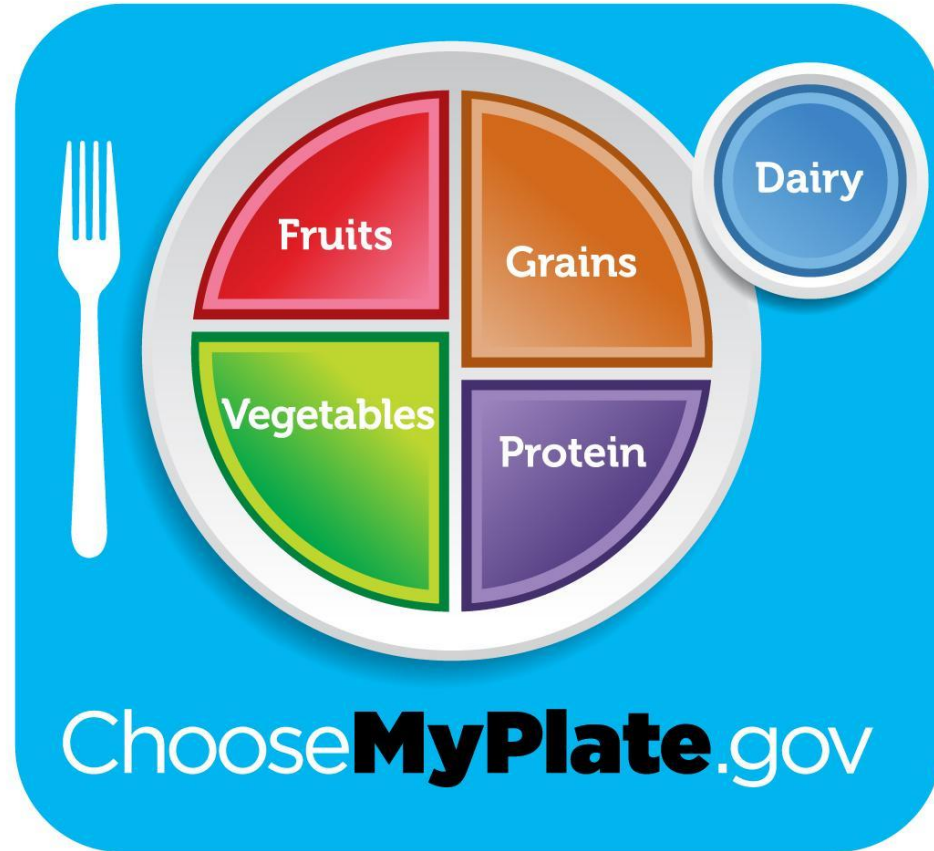




# More than information



# More than information



# My knowledge



# My context

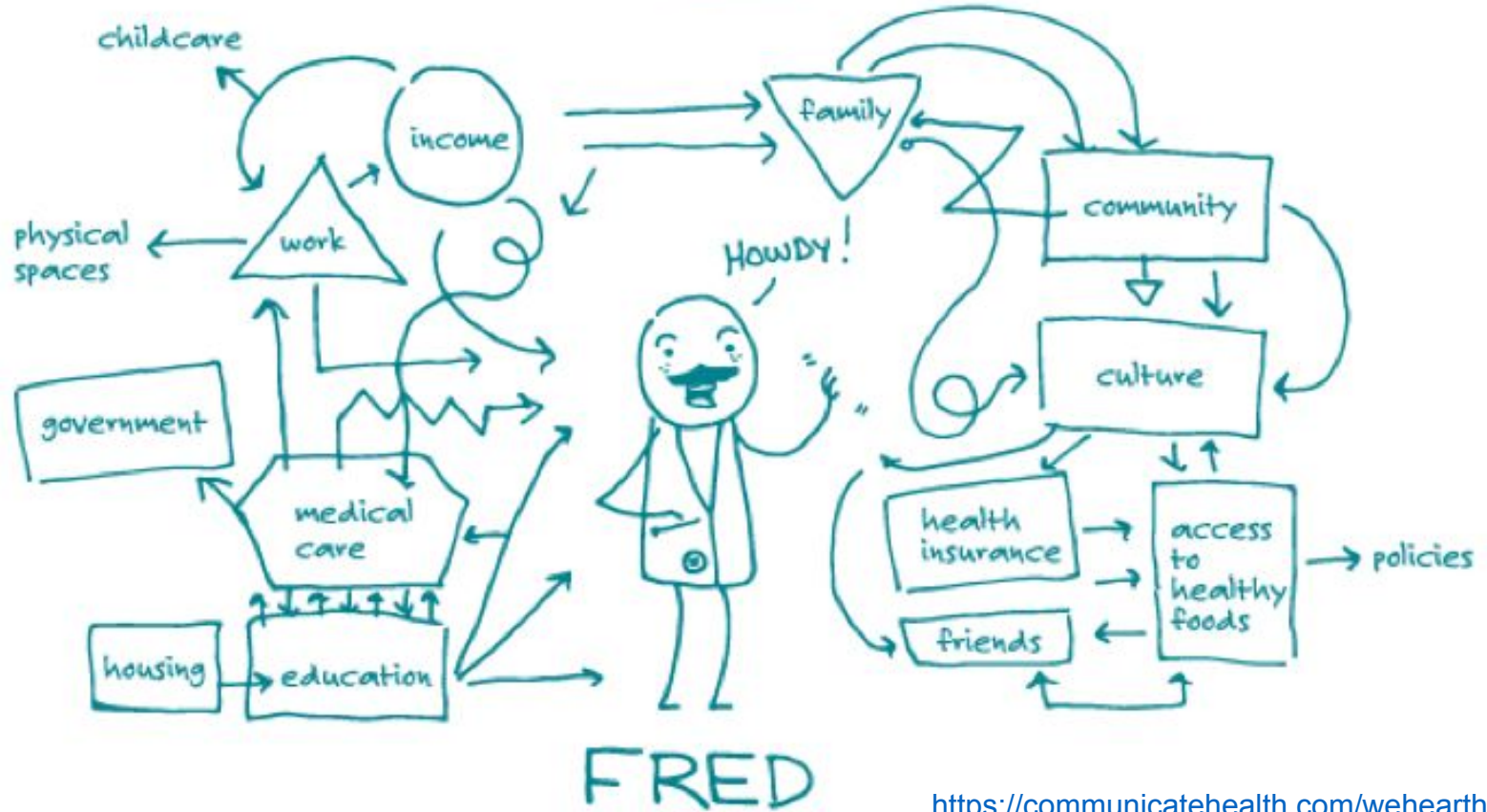


# My environment



Our environments matter!

SEE? IT'S THIS EASY!



<https://communicatehealth.com/weearth/ealthliteracy/useful-theory-social-ecological-model/>

# Environment affects health more than individual behaviors



Fish 1

Would Fish 1 be as happy, safe, and healthy if its water were dirty? What if its bowl were cracked and the water was leaking out?

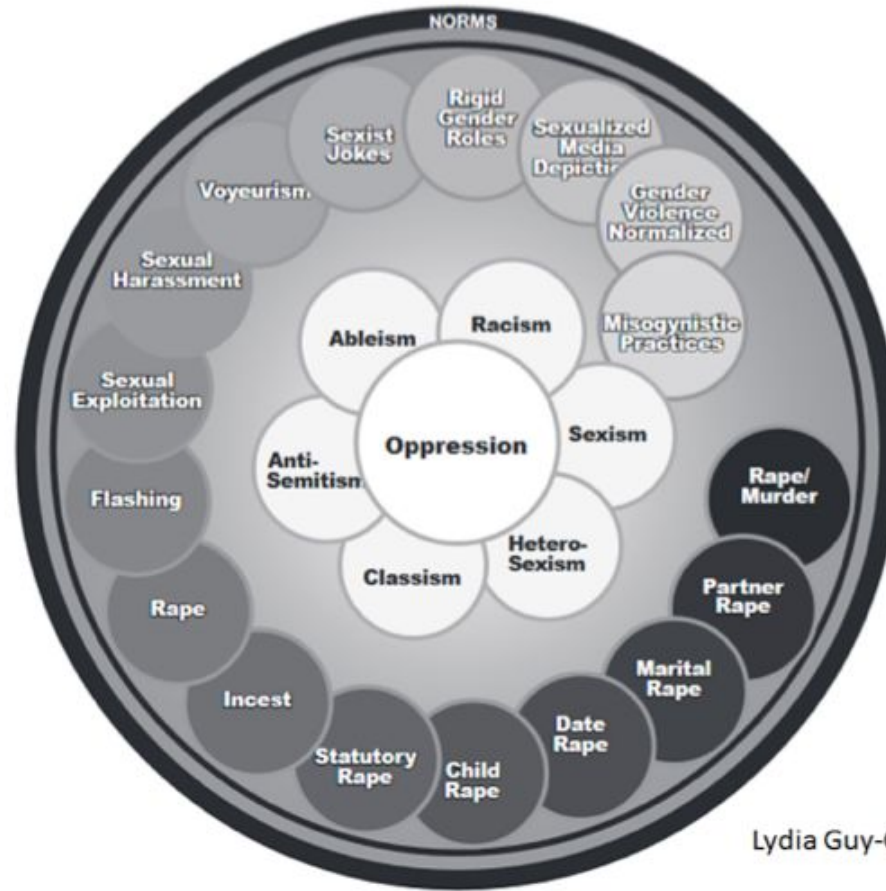


Fish 2

No matter how much Fish 2 tries, it may never reach its full health potential due to its dirty water and cracked bowl.

<https://nam.edu/programs/culture-of-health/young-leaders-visualize-health-equity/what-are-the-social-determinants-of-health/>

# Root Causes of Violence

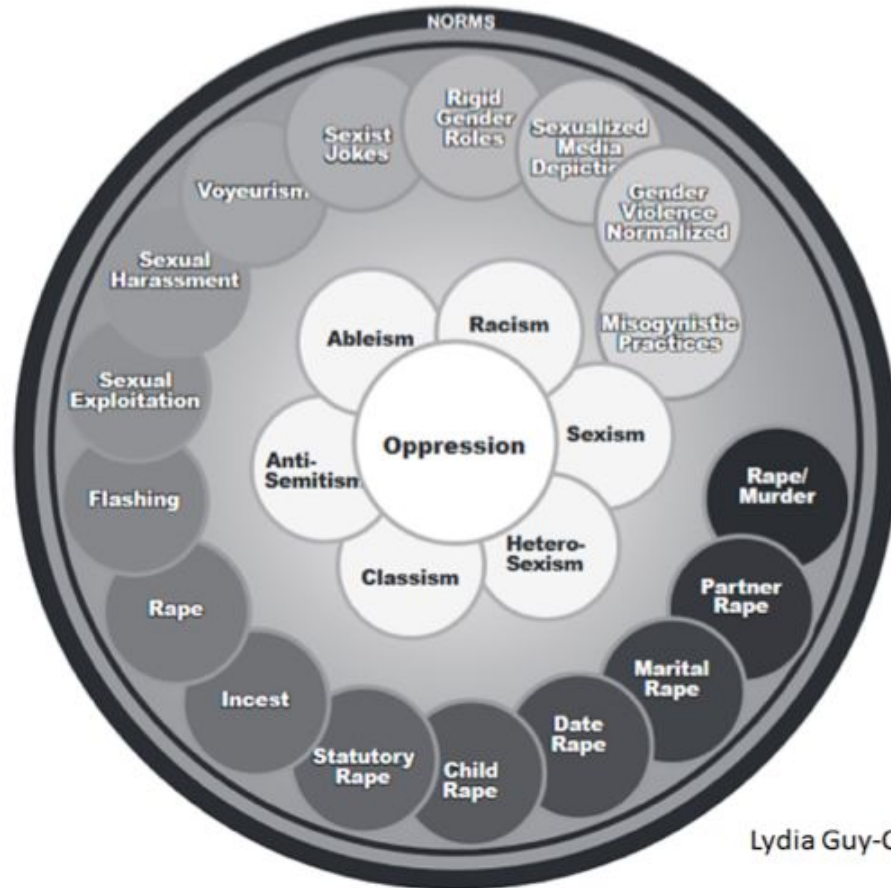


Lydia Guy-Ortiz, 2006

<https://www.nsvrc.org/blogs/preventionist-a/sexual-violence-and-oppression-framing-our-work-using-sexual-violence>



# Root Causes of Violence



Lydia Guy-Ortiz, 2006

Darker = what is typically seen, noticed, taken seriously

Lighter = what is typically unseen, hidden, not taken as seriously

# What's in an environment?



# What are social norms?




# Social Norms Change

- ▶ Aims to change **attitudes, beliefs, and community values**



<https://vetoviolence.cdc.gov/violence-prevention-basics-social-norms-change>



# What works to prevent sexual and intimate partner violence?

# Violence can be prevented



## Sexual Violence Prevention Resource for Action

*A Compilation of the Best Available Evidence*



Centers for Disease  
Control and Prevention  
National Center for Injury  
Prevention and Control



## Intimate Partner Violence Prevention Resource for Action

*A Compilation of the Best Available Evidence*



Centers for Disease  
Control and Prevention  
National Center for Injury  
Prevention and Control

[https://www.cdc.gov/violenceprevention/communicationresources/pub/resource-for-action.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Fcommunicationresources%2Fpub%2Ftechnical-packages.html](https://www.cdc.gov/violenceprevention/communicationresources/pub/resource-for-action.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Fcommunicationresources%2Fpub%2Ftechnical-packages.html)

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# Prevention can look like...

- **Teaching safe and healthy relationship skills**
- Engaging influential adults and peers
- Disrupting the developmental pathways toward partner violence
- **Creating protective environments**
- **Strengthening economic supports**
- **Supporting survivors**
- Providing opportunities to empower and support girls and women

# What prevention looks like in my community



## Sacramento County, California



# Girls on the Run of Greater Sacramento



- **Teaching safe and healthy relationship skills**
- Engaging influential adults and peers
- Providing opportunities to empower and support girls and women

<https://www.gotrsac.org/>

# WEAVE's Safe Night Out

- Teaching safe and healthy relationship skills
- Creating protective environments

<https://www.weaveinc.org/sno>

## Sacramento bars prepare to stop sexual violence through new program

The program is through WEAVE, a nonprofit organization that is the primary provider of crisis intervention services for survivors of domestic violence and sexual assault in Sacramento County.



# The Yisreal Family Urban Farm - Urban Roots Initiative



- **Teaching safe and healthy relationship skills**
- **Engaging influential adults and peers**
- **Creating protective environments**

<https://yisraelfamilyfarmshop.net/pages/urban-roots-initiative>

# Sacramento's LGBT Center - Economic Justice Program

- **Strengthening economic supports**
- **Creating protective environments**

<https://saccenter.org/EJP>

THE SACRAMENTO LGBT COMMUNITY CENTER'S  
ECONOMIC JUSTICE PROGRAM PRESENTS

**"YOU BETTA WORK"  
FAIR**

**OCTOBER 5, 2023**  
**10AM TO 2PM**  
1015 20TH ST.  
SACRAMENTO, CA 95811

- MEET LGBTQ-AFFIRMING EMPLOYERS
- FREE PROFESSIONAL HEADSHOTS
- ON-SITE INTERVIEWS AND HIRING
- IN-PERSON PROFESSIONAL DEVELOPMENT WORKSHOPS
- FREE LUNCH

**WORKSHOP SCHEDULE**

10:00 AM - CAREER OPPORTUNITIES AND TEMP JOBS WITH THE CITY OF SACRAMENTO

11:00 AM - HOW TO APPLY FOR JOBS WITH THE STATE OF CALIFORNIA

12:00 PM - SPECIALIZED CAREERS FOR COLLEGE GRADS AT SMUD

1:00 PM - LGBTQ+ ECONOMIC EMPOWERMENT AND FINANCIAL WELLNESS BY SAFE CREDIT UNION

SCAN TO REGISTER!

SACRAMENTO  
**LGBT**  
COMMUNITY CENTER  
FOUNDED 1978

FOR MORE INFORMATION CONTACT:  
JAIME.ESTRADA-ZAMBRANO@SACCENTER.ORG

# Sacramento Tree Foundation - NeighborWoods

- **Teaching safe and healthy relationship skills**
- **Engaging influential adults and peers**
- **Creating protective environments**

<https://sactree.org/programs/neighborwoods/>



What do these all have in common?



# How can we have the biggest impact?

- ▶ Impacts the entire community
- ▶ Do not need to participate to be impacted
- ▶ Community-based DOES NOT EQUAL community-level



# #MeToo



<https://metoomvmt.org/>



# Economic supports



<https://onefairwage.site/>

# Policy



<http://www.calcasa.org/2019/10/ya-basta-governor-newsom-si-gns-ab-547/>



<http://www.preventconnect.org/2019/08/from-paid-leave-to-rent-stabilization-research-and-practice-on-strengthening-economic-security-for-violence-prevention/>

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# Working with Communities, for Communities

## Environmental Level: Bloomington Inclusion Project

Waiting for the bus    Getting in the door at College Mall




<http://www.preventconnect.org/2017/07/a-safe-place-to-call-home-transforming-the-physicalbuilt-environment-for-sexual-and-domestic-violence-prevention/>

## Youth Organizing for their Safety



<http://www.preventconnect.org/2019/01/mobilizing-and-organizing-communities-to-end-child-sexual-abuse-lessons-learned-from-the-just-beginnings-collaborative/>



What will you do to prevent  
sexual and intimate partner  
violence in your community?

*When you start with needs, you  
get programs....*

*When you start with strengths  
you get possibilities.*

Lupe Serrano

casa de esperanza

# Assets

- Puts focus on effectiveness
- Builds interdependencies
- Identifies ways people can give of their talents
- Supports leadership development

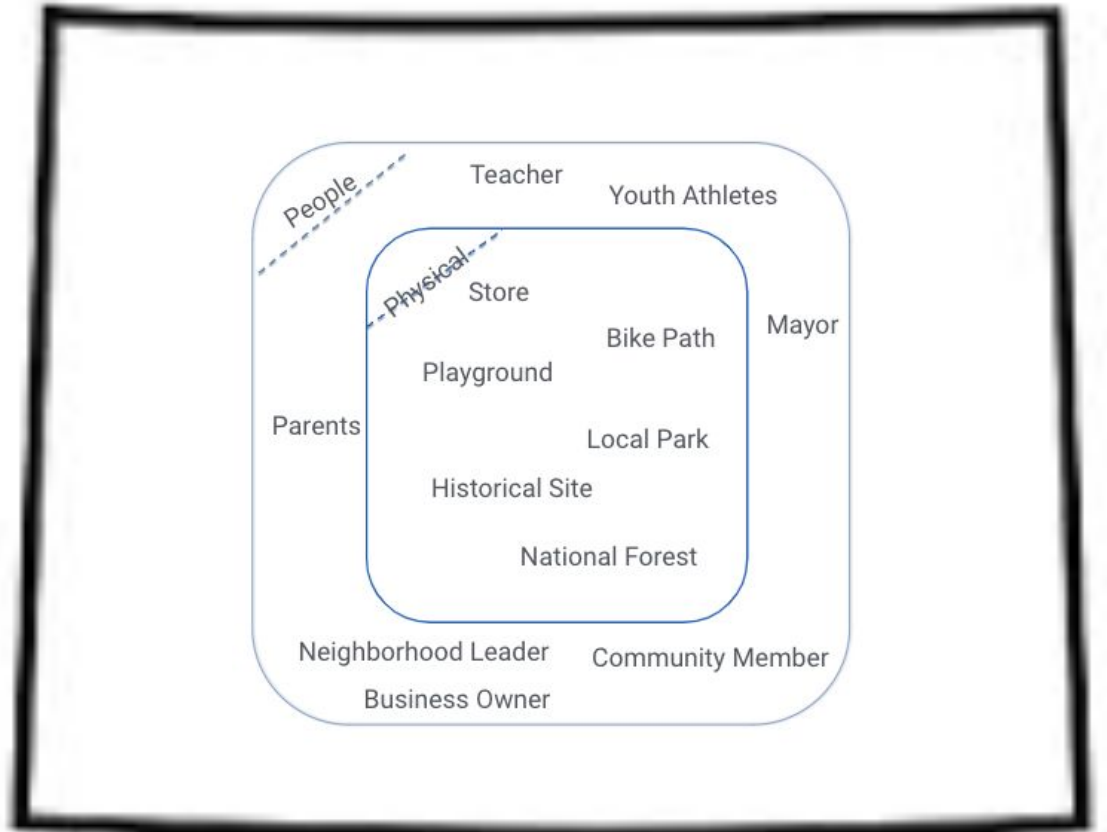
**Physical:**

Landmarks, Parks, Natural Resources...



## People:

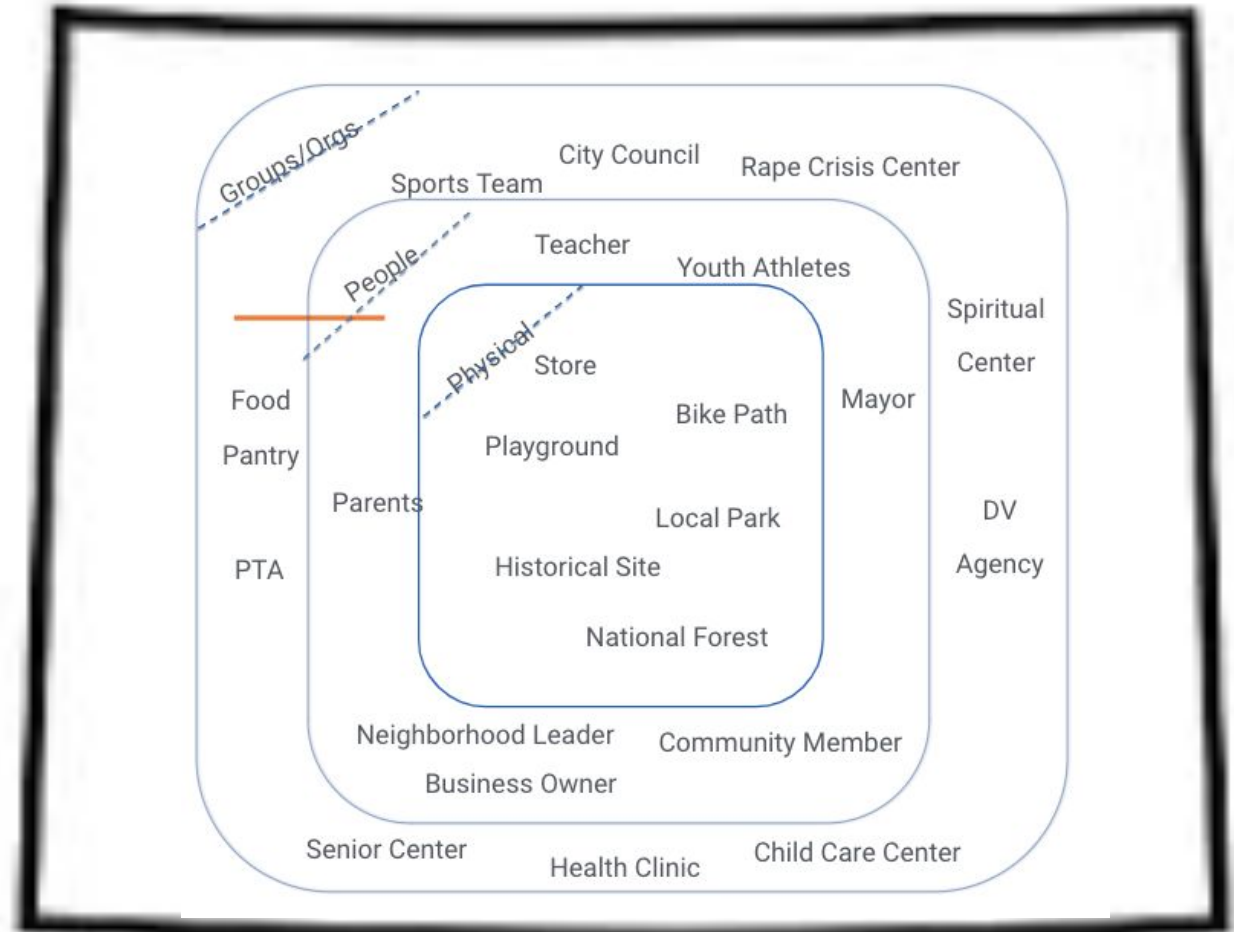
Activists, organizers, champions,  
decision makers, volunteers



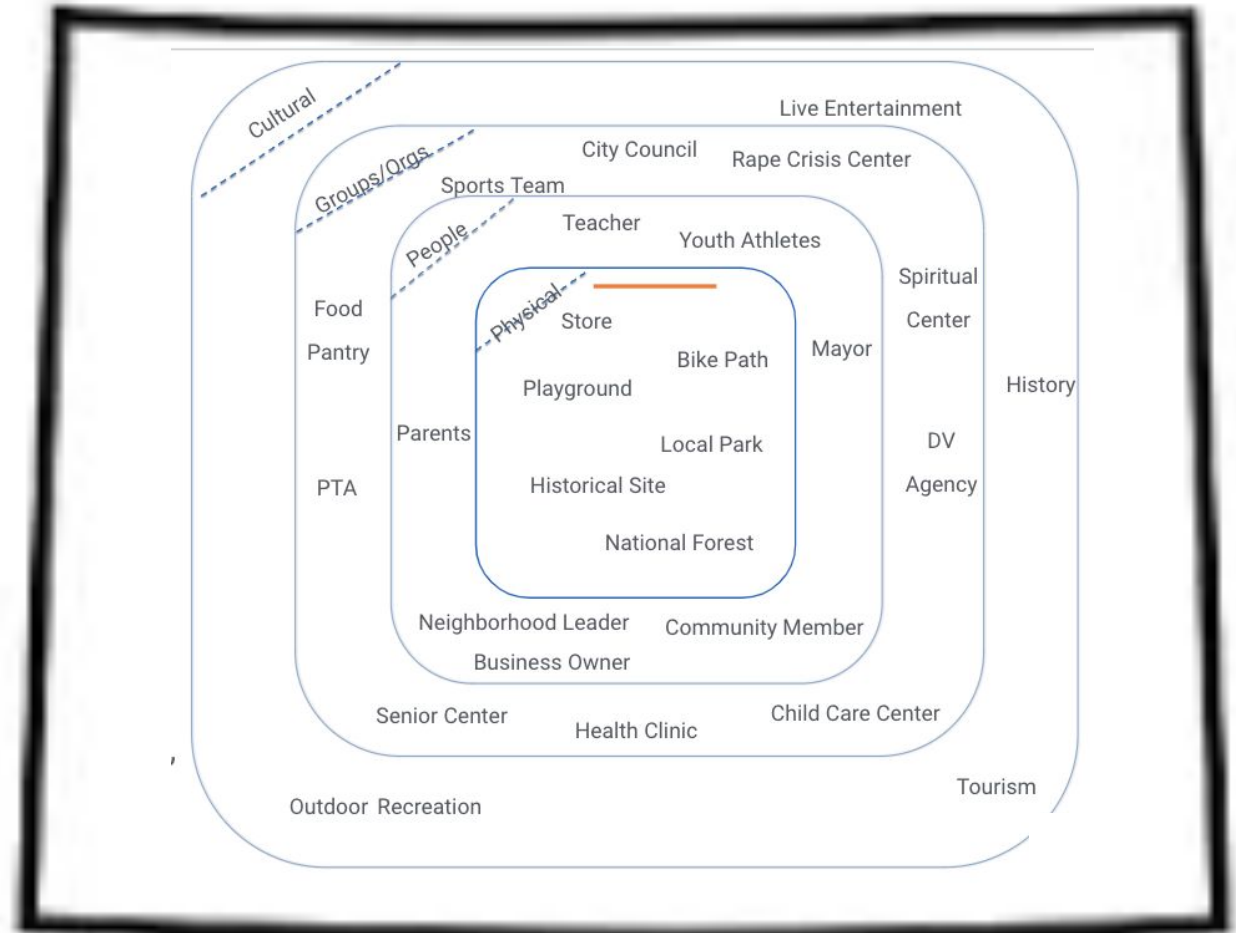


## Groups/Organizations:

Neighborhood/Citizen's Association,  
grassroots orgs, community centers,  
community groups, community-based  
orgs, clinics, advocacy groups....



**Cultural:** Traditions, customs, events, behaviors, activities



**What is your vision for a Wyoming without violence?**





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Thank you!

[aklein@valor.us](mailto:aklein@valor.us)

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